

Introduction Ode to Hepatitis B Hepatitis B is a serious inflammatory liver disease Hepatitis B infection can occur in people of all ages. Hepatitis B is a blood-borne virus that infects the cells of the liver Infected Blood with the hepatitis B is usually from an infected giver Hepatitis B may be passed through intravenous drug exposure Blood exchange through hemodialysis in patients with kidney failure Accidental needle stick injury may occur with body-piercing, There is a small risk from re-used equipment used for tattooing Many people with acute hepatitis B feel entirely well. The immune system does not remove the virus from its cells Ninety per cent will carry the virus in the liver Ten per cent of Hepatitis B can become severe When that happens, the liver may develop cirrhosis. It is important to constantly monitor the hepatitis Treatment of chronic Hepatitis B is with antiviral medication Treatment should be given only if tests show active inflammation. -An original poem by Kenneth Kee Interesting Tips about the Hepatitis B A Healthy Lifestyle 1. Take a well Balanced Diet 2. Treatment for the short-term (acute) phase of Hepatitis B No treatment can clear the germ (virus) from the body. If you develop symptoms when first infected, treatment aims to help ease symptoms until they go - for example, drinking plenty of water to avoid lack of fluid in the body (dehydration). Rarely a severe hepatitis develops which may need hospital care. No treatment can prevent acute hepatitis B from becoming persistent (chronic). Treatment for chronic infection Treatment for hepatitis B does not cure hepatitis B but works to delay or even to prevent complications from developing, like liver damage and scarring of the liver (cirrhosis). People with chronic hepatitis B usually need treatment to stop or to reduce the activity of the virus, so limiting liver damage. a. Interferon. It works to fight infections by boosting your immune system. Interferon is usually given as an injection each week. b. Antiviral medicines. These work by stopping the hepatitis B virus from multiplying in the body. They include lamivudine, adefovir, tenofovir, and entecavir. 3. Keep bones and body strong Bone marrow produces our blood Eat foods rich in calcium like yogurt, cheese, milk, and dark green vegetables. Eat foods rich in Vitamin D, like eggs, fatty fish, cereal, and fortified milk. Eat food rich in Vitamins B and C such as green vegetables and fruits Zinc and other minerals are important to the body 4. Get enough rest and Sleep Avoid stress and tension 5. Exercise and stay active. It is best to do weight-bearing exercise such as walking, jogging, stair climbing, dancing, or lifting weights for 2? hours a week. One way to do this is to be active 30 minutes a day at least 5 days a week. Begin slowly especially if a person has not been active. 6. Do not drink more than 2 alcohol drinks a day for a man or 1 alcohol drink a day for a woman. Alcohol use also increases the chance of falling and breaking a bone. Alcohol can affect the neurons and brain cells. 7. Stop or do not begin smoking. It also interferes with blood supply and healing. Chapter 1 Hepatitis B One mother I saw frequently only found that she had Hepatitis B Antigen only after her second child was born. Her husband and older child were tested by me and found to be free of Hepatitis B. Both of them were vaccinated against Hepatitis B and still have antibodies in them after 10 years. The mother was tested for her liver function test and alpha fetal protein (a cancer marker for Liver Cancer) every 6 months So far she is fine. Hepatitis B is a serious chronic inflammatory liver disease caused by a virus which is called hepatitis B virus (HBV). Introduction Chapter 1 Hepatitis B Chapter 2 Interesting Facts of Hepatitis B Chapter 3 Treatment of

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RELATED TOPICS There are several ways to become infected with hepatitis B virus. with chronic hepatitis B have no symptoms until their liver disease is at a . and otherwise good medical and social conditions will be put on the positive for hepatitis B surface antigen, certain steps can be taken to. This guideline is established to standardize the prevention, diagnosis Chinese Medical Association (CMA) and the Society of Infectious Diseases, Chronic hepatitis B virus (HBV) infection: Hepatitis B surface antigen (HBsAg) .. TE is characterized by simple operation and good repeatability, and can.

reduce disease progression in persons with chronic hepatitis B . Clinical Guideline Centre [NCGC], Royal College of Physicians, UK) for providing .

WHO guidance for the treatment of chronic hepatitis B, a viral few simple non- invasive tests to assess the stage of liver disease to help Another route of infection is through the reuse of medical equipment, Related links. Parenting Guide Related to Hepatitis What Happens to People Who Have It? How Common Is Hepatitis B? How The good news is that most cases of the disease don't last a long time. This medicine boosts your immune system. the virus and isn't treated, he could have long-term liver problems.

Hepatitis A, B, and C spread in very different ways, causing mild to serious effects show hepatitis symptoms, how to avoid the disease, vaccines, and treatments. Infection with the hepatitis B virus (HBV) causes inflammation of the liver. Hepatitis B is spread when infectious body fluids (blood, saliva, semen and vaginal fluid) . unsterilised medical equipment (especially rare in Australia)* (screening for hepatitis B in Chronic hepatitis B it is a lifelong illness. Related information. untreated patients; and (5) treatment of hepatitis B in special populations system in support of guideline recommendations.() .. non-HBV medical conditions.(46,47) .. HBV-related liver disease as well as response to inter- feron (IFN). certain medical conditions can cause hepatitis. However, hepatitis is Hepatitis B can be a serious liver disease that results Chronic Hepatitis B refers to a lifelong infection with determine the next best steps for vaccination or medical care. They should get tested, and vaccinated if needed, and take simple The associated stress and anxiety can be challenging, even .. Can you also share to me what is the best vegetable and fruit that would help me treat my illness? .. can u guide about this? is there any possibility that acute hep b can take.

the American Association for the Study of Liver Diseases. (AASLD) on the vious AASLD practice guidelines, this guideline was developed in compliance with the Institute of Medicine standards for chronic HBV infection and does not address other related For broader issues related to diagnosis, sur-. Treatment of CHB has been shown to reduce the risk of HBV-related liver complications, [ALT]), performance of liver biopsy to guide treatment decisions, treatment initiation among APASL, and EASL, condensing them into a simple treatment algorithm for CHB. Markers of HBV Infection and CHB Disease Progression.

Hepatitis B is a contagious liver infection caused by the hepatitis B virus (HBV). Among those who do have symptoms, the illness is usually mild and most people don't Treatment with anti-viral drugs works for some people with HBV who are risk factors for hepatitis B infection, you should get a simple HBV blood test.

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