

Mason Jar Salads: Quick and Easy Recipes for Salads on the Go, in a Jar This book is part of the #1 Best Selling Mason Jar Meals Series!!!! It is filled with EVEN MORE incredibly quick, easy and tasty salad recipes that you can just grab and go! * * * Bonus FREE Recipe Book included * * * Are you too busy to cook every day? Do you skip meals because you don't have time to sit down and make something? Do you waste your money on takeout and fast food that is expensive and unhealthy just because it's more convenient? Do you want to eat more salad, but they just don't stay fresh for long and are so inconvenient to take on the go? Well, this book is for you!!! Sure Mason Jars are cute, crafty, and pretty trendy right now, but they are also incredibly useful. You're about to discover how to make all kinds of Salads in a jar, so that you can take them anywhere, and they will stay fresh for days!!! This book has recipes and instructions for how to use a Mason Jar to make traditionally not-so-convenient salads, amazingly easy, portable and beautiful. The Mason jar is what allows you to keep the dressing from making the salad soggy, it's easy to do once you know how, and this book will explain it all!! Here Is A Preview Of What you'll learn What size of Mason Jar to use Advantages of Mason Jars How to stop greens and other ingredients from getting soggy How long your salad will last in a jar How to transport and serve from a mason jar How to layer your salad in the jar What order to layer your ingredients in Much, much more! Here are a few of the recipes this book includes California Salad Chicken Taco Salad in a Jar Mixed bean salad in a Jar Chicken, citrus, orzo salad in a Jar Mixed Berries and Almond Salad in a Jar Salami Salad in a Jar Zucchini Salad in a Jar Romaine, peas and feta salad in a Jar Tortellini and Artichoke Salad in a Jar Balsamic grilled chicken Salad in a Jar Fresh Mozzarella and Spinach Salad in a Jar Much, much more! Download your copy today! Scroll up to the top of the page and download this book, you'll be happy you did!!! Tags: Mason Jars, Mason Jar Salads, Mason Jar Recipes, Mason Jar Meals, Meals in a Mason Jar, Mason Jar Lunch, Mason Jar cookbook, Meals in Jars, Desserts in Jars, Mason Jar Desserts, Grab and Go Meals, Quick and Easy recipes, Easy Recipes in Jars,

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