

Contained in this book is your easy guide to organic homemade cosmetics. Included are healthy, cost saving methods, which will change your life. Natural holistic, alternative skin care ingredients, to the high street products. Recipes include Organic Creams, Toners, Deodorant, Natural Sunscreen, Body Scrubs, Mosquito Repellent, Night, Lip and Eye Balms and Shampoo. They can all be personalize to suit your own specific skin type. A guide to Essential Oil uses, which oils are best suited for all the different skin types and conditions. Essential Oil safety. A guide to Hydrosols and Floral Waters. Body Wraps explained. Formulate your own body wraps. Loose inches, tighten, tone and firm your whole body with your tailor made ingredients. Easy to follow guide to compiling your own personalized wrap. Included within this book, is the much sort after Anti-Aging, Antioxidant & Vitamin C serum recipe, a must have.

Malaysia & Brunei 1:800,000 / 1,100,000 Travel Map, waterproof, GPS-compatible REISE, Alicia en el Pais de las Maravillas (Coleccion Clasicos Juveniles) (Spanish Edition), Come Back to Me (Short Story), The Secret Keeper (The Secret Keeper Series Book 1), Club Ecstasy Vol. 2, Helen Keller: The World in Her Heart,

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