

Are you interested in cutting chemicals out of your daily routines while saving money? Cleaning supplies and beauty supplies are things we use every day. Both are full of cancer causing chemicals, and come with a hefty price tag. Learn how to start making your own cleaning and beauty products! This beginners guide is full of easy recipes made with common household items like peroxide and vegetable oils. Each recipe is made with easy-to-acquire ingredients - most can be found at your local grocery or health food store. Start reducing the amount of chemicals you expose your family to with these easy to follow ideas.

Wisdom Path in Hong Kong Journal: 150 page lined notebook/diary, Windows(TM) Network Programming, Hans Christian Andersens Thumbelina, Death in the Time Of Ice (A People of the Wind Mystery, #1), The Ancien Regime, 50 Recipes For Breakfast Burritos - Enjoy Delicious Breakfast Burrito Recipes Today (Breakfast Ideas - The Breakfast Recipes Cookbook Collection 12), Late Palaeozoic and Early Mesozoic Circum-Pacific Events and their Global Correlation (World and Regional Geology), Wedding Planner And Organizers 2016, Calendar of State Papers: Domestic Series, of the Reign of Charles I, 1627 1628, Preserved in the State Paper Department Her Majestys Public Record Office (Classic Reprint),

Coconut Oil. I order Gold Label Coconut Oil in five gallon buckets from Tropical Traditions. Shea Butter. Our most used natural beauty ingredient after coconut oil. Cocoa Butter. Cocoa butter is another "butter" and a great addition to natural beauty recipes. Beeswax. Liquid Carrier Oil. Arrowroot Powder. Essential.

Store-bought skin care products are loaded with chemicals and can be downright expensive. Make these 10 homemade natural skin care. These homemade all-natural cleaning recipes will help you save money and avoid the nasty chemicals so often found in common cleaning. Ingredients. 1/2 cup coconut oil. 1 tsp vitamin E oil. 6 drops lavender essential oil and/or essential tea tree oil. 8 Natural and homemade insecticides. Oil spray insecticide. Soap spray insecticide. Neem oil insecticide. Diatomaceous earth as a natural pesticide. Garlic insecticide spray. Chile pepper insecticide spray. All-in-one homemade insecticide spray. Tomato leaf as a natural insecticide.

Want to know how to lighten skin naturally? Here are our best skin lightening/ whitening home remedies that are surely going to work for you. Learn how to make All Natural Homemade Food Coloring for your baking using simple fruits and vegetables. 6 days ago Instead, try these simple natural face cleanser recipes. Next, check out these 13 must-follow recipes for soothing homemade face masks. Tackle these pesky garden invaders without harsh chemicals. These homemade organic weed killers are non toxic, natural, cheap and effective. Want to whiten clothes and avoid using bleach? Check out this easy DIY all natural homemade bleach recipe. Brighter whites. Safer home. Here are 9 all-natural headache remedies that are sure to give you the relief This homemade tea reduces inflammation in about the same.

Natural homemade fabric softener leaves laundry soft & static free with no artificial fragrance. Learn how to make homemade fabric softener dryer sheets. Brush and protect your teeth naturally with these homemade toothpaste recipes and tips for optimal dental hygiene from a dentist.

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