

From grief and mourning to aging and relationships, poet and Redbook contributor Judith Viorst presents a thoughtful and researched study in this examination of love, loss, and letting go. Drawing on psychoanalysis, literature, and personal experience, Necessary Losses is a philosophy for understanding and accepting life's inevitabilities. In Necessary Losses, Judith Viorst turns her considerable talents to a serious and far-reaching subject: how we grow and change through the losses that are a certain and necessary part of life. She argues persuasively that through the loss of our mothers' protection, the loss of the impossible expectations we bring to relationships, the loss of our younger selves, and the loss of our loved ones through separation and death, we gain deeper perspective, true maturity, and fuller wisdom about life. She has written a book that is both life affirming and life changing.

Monsieur Bergeret a Paris, Seydous Christmas Tree, Cry Havoc And Let Slip The Dogs Of War. Special Operations And The Military Working Dog, Alien Romance: Bought By The Alien: A Scifi Alien Abduction Romance (Alien Romance, BBW, Alien Invasion Romance) (Celestial Angels Book 3), Harrison Ford Imperfect Hero,

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