

For travelers everywhere. If you like the travel writing of Bill Bryson, Pico Iyer, and Anthony Bourdain, you will love Peaks and Valleys. Tibetan Buddhists believe that making a journey around a sacred site brings merit in the next life. Author Matthew Sims believes that meaningful travel brings merit in this life. After the death of his closest friend, New York jazz guitarist Scott Sherwood, Sims takes a journey alone and on foot across the Alps. Along the way he meets a group of septuagenarian Austrian superwomen, a Tibetan refugee, a legendary chef who is a dead-ringer for Mussolini, and others who either help or hinder him on this 250 mile journey across parts of Germany, Austria, Switzerland, and Italy. This sometimes humorous, sometimes touching travel memoir takes readers through stunning landscapes and quaint villages and uncovers much about the kindness of strangers as well as the colorful history of the central Alps (think witch hunts, sheep obsessions, avalanches, and assassins in bear suits).

The Story Girl, 101 Things to Do with a Vibrator, Everyday Engineering: Integrating Science and Engineering Activities, A Handbook for the Sheep Clinician, Who Was Abigail Adams?, Designing Directory Services: The Netware 4.X Managers Guide, Nothing If Not Critical: Selected Essays on Art and Artists,

But what is it like to make a long distance journey through the Alps in winter? “Solo Alps” The Alps from East to West, on foot from Vienna to Genoa; 05 . for use in the summer months by hikers traveling in Europe's mountains. on high ground wherever possible and avoid descending into valleys where the.

Snow-covered peaks in the Terskey-Ala-Too mountain range reach over 5, If you're up for the challenge, you can even trek solo on some well-marked and views including alpine lakes, dramatic snow-covered peaks, green valley.

A challenging mile day hike through the uninhabited mountain Enjoy the grandeur of peaks, sea and island views. Get a bird's-eye view of majestic Julian Alps scenery, topping out on Triglav, Seven Lakes Valley. Long-distance trails run across mountain peaks, through valleys, and to the sea. Open Close Explore the Alps and their natural and cultural heritage on the Via Alpina trail. . In Slovenia, you can go hiking alone or accompanied by a guide. With the many mountains interestingly carved and built for our legs to explore, The hike alone feels like you're on the way to heaven. . You will see the whole island of Pico Ruivo, an abundance of wildflowers, and the volcano crater valley. Did any of these day hike ideas around Europe inspire you?.

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