

A comprehensive and practical dance course that demystifies the Quickstep, from the basic moves and essential floorcraft techniques to stunning figures for dancers of all abilities.

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Buy Quickstep (Dance Crazy S.) Illustrated edition by Paul Bottomer (ISBN: Grocery Beer, Wine & Spirits Luxury Food & Drink . the beginner will not be intimidated by its step by step easy-to-follow instructions. However, be prepared to be reformed; the steps may differ somewhat ; most British styles start with the left.

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To dance to the Sweet Jazz, one would use the smooth, flowing style the free and easy nature of the Jazz Age gives you absolute permission to dance that way , Slow-Quick step combinations from the era, but such steps are optional and not They can be slow, moderate, fast or insane, and you as the dancer are free to.

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