

Teaching out-of-body travel and lucid dreaming means success, an easy and interesting way to make good money, and travel all around the world to lead seminars and network. This is the hottest and most promising field of personal development. Lets change the world together - join us! Perhaps its your destiny? After many years of experimental work on thousands of pupils, we are going public with our super-effective teaching methodologies. This altruistic deed was performed in order to create motivation for third parties to further develop the field. Though teaching out-of-body travel used to be the purview of the elect few, now anybody can do it, and even do a good job at it without any particular experience! **TABLE OF CONTENTS:** - Introduction. - Ultra-Concentrated Version. - Part 1. Training Session Formats. - Part 2. Enrolling Students and Promotion. - Part 3. Classroom Instruction. **WHAT AM I HOLDING IN MY HANDS?** What you are reading is a constantly-updated guide to teaching out-of-body travel and lucid dreaming that has been honed through practical, experimental training involving thousands of people in several countries. These instructions are so finely-calibrated that results are guaranteed in no less than a quarter of attempts made by students or novices, even if the teacher himself has no experience. The result is that at least 50% of your students will have an out-of-body experience or lucid dream by day two of the lessons. **IS THIS FOR ME?** This book is for everyone who wants to teach out-of-body travel and lucid dreaming to friends, family, or study groups. Its for those who simply want to bring this idea to the masses and those who want to make some money doing so (and pretty good money at that). Its for leaders of groups studying other practices who want to bring their group-mates new attainments, as well as those who devote their labor to this phenomenon alone. Our aim is to make this a routine, everyday phenomenon of modern civilization. The existence of a critical mass of people interested in spreading it could greatly facilitate our task. In addition, the free availability of these instructions will let people who tried to teach this phenomenon without having the requisite knowledge do something else besides discrediting it. There are no strings attached - though giving credit to and citing this source is appreciated. Simply help yourself and follow our instructions as closely as you can, and youll touch many lives by giving people what they have always dreamed of - the opportunity to live in two worlds. Michael Raduga OOBÉ Research Center ----- Full Table of Contents: **INTRODUCTION. ULTRA-CONCENTRATED VERSION. PART 1. TRAINING SESSION FORMATS.** - The School of Out-of-Body Travel. - Legal and Financial Considerations. - One-Time Lessons. - Three-Day Seminars. - Two-Day Seminars with Immersion. - Regular Lessons. - One-on-One Lessons. - Distance Learning. - Creating Educational Materials. **PART 2. ENROLLING STUDENTS AND PROMOTION.** - How to Find the Right Premises. - The Name of Your Organization. - Word of Mouth. - The Internet. - Mass Media. - Outdoor Advertising. - Clubs. - Corporate Groups. - Maintaining Interest **PART 3. CLASSROOM INSTRUCTION.** - Terminology, the Instructor, and the Amount of Information to be Taught. - The Psychology of Teaching and the Rules of Rhetoric. - Module No. 1: Introduction: General Theory and Motivation. - Module No. 2: The Indirect Method. - Module No. 3 The Direct Method. - Module No. 4: Becoming Conscious While Dreaming. - Module No. 5: Non-Autonomous Method. - Module No. 6: Deepening the State. - Module No. 7: Maintaining the State. - Module No. 8: Primary Skills. - Module No. 9: Translocation and Finding Objects. - Module No. 10: Practical Applications. - Module No. 11: Analysis. - Analyzing Novices First Phase Attempts - Real Examples. - 45 Techniques for Creating the Phase.

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