

Adam and Chava were created on the last day of the Six Days of Creation- a day forever celebrated as Rosh Hashanah. On that very day, Adam and Chava committed the very first sin. Hashem judged and forgave them, and this day became a day of forgiveness forever. When Adam sinned he damaged his soul. The Zohar teaches that what Adam actually lost can be described as a G-dly light which illuminated his soul. This light radiated out through the Ten Sefirot - the divine emanations that form the infrastructure of the world. The human soul is a microcosm of that infrastructure - when a person violates his soul, he, in essence, extinguishes the lights of the world. The Ten Days between Rosh Hashana and Yom Kippur correspond to the Ten Sefirot and these days are a special time when each individual is given the potential to restore the light of these Sefirot into their souls, referred to in Kabbalistic language as the process of Tikun. Each day of the Ten Days presents a unique opportunity for Tikun through the light of a different Sefirah - studying, understanding, processing and internalizing it into our lives in an actualized way - thereby altering the fabric of our very soul. Tikun is a down-to-earth process. Very simple deeds and adjustments to our lifestyle can have eternal ramifications. The true work of the Ten Days has more to do with delving into our inner selves and disciplining our day-to-day behavior than conceptualizing or attempting to approach the sublime. This powerful little book is a down-to-earth guide to the Ten Days based on the Sefirot.

Fables, The Three Just Men, Flash and Dazzle (The Hearts of Men Book 6), Pasta Presto, Adolescent Patients in Transition: Impact and Outcome of Psychiatric Hospitalization (McLean Hospital monograph series),

The First Ten Days. "This year will be different," asserts Joe DeLuca, a 4th grade teacher at Centerville Elementary School, as he walks into the faculty room.

The first ten days of Dhul Hijjah are often referred to as the best ten days of the year. The Prophet (peace and blessings of Allah be upon him) said: "There are no

The Prophet (PBUH) said, "There is no deed that is better in the sight of Allah or more greatly rewarded than a good deed done in the (first) ten days of Al-Adha". A short article listing the merits of the first ten days of the final month of the Islamic calendar, Dhul-Hijjah. The First Ten Days of School. Harry and Rosemary Wong. akaiho.comrs. net/wong/JAN05/. It's all in how you begin. Success with your students begins on . "There are no days in which righteous deeds are more beloved to Allah than these ten days." The people asked, "Not even jihad for the sake of."

Ibn' Abbas says about the Aayah, Remember Allaah during the well known days, that it refers to the first ten days of Dhul-Hijjah. [This is.

Decade can be used to indicate a group of ten days in a sentence like the first decade of the month, but the first ten days of the month is the. Among the great seasons of worship are the first ten days of Dhu'l-Hijjah, which Allah (Allah Subhanahu-wa-Taala) has favored over other.

There are no days in which righteous deeds are more beloved to Allah than encouraged us to do righteous deeds in the first ten days of Dhul.

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