

The ultimate Nigerian cookbook is a standard 132 paged giant cookbook for making delicious Nigerian foods. There are over 65 different Nigerian recipes with step by step instruction that even my granny could follow to replicate all of the amazing Nigerian foods. You will find easy to follow recipes plus images that make the process a whole lot easier. With thousands of copies sold already, I believe this is the best Nigerian cookbook in circulation. Whether you are a woman looking to surprise your man or perhaps you are a man looking to surprise your lady, this is the right Nigerian cookbook for you. There are easy recipes for beginners and more complex ones for you to try as you learn the ropes. There are 15 soup recipes, 5 rice recipes, 12 small chops and snack recipes, 6 drink recipes, 4 yam recipes, 5 breakfast recipes and so much more. The first five pages shows you how to make your food healthy while the last five pages explained most of the ingredients used in the book, you will learn about their alternate names and even how and where to purchase them. I like to say that you will make better and healthier Nigerian foods with the Ultimate Nigerian Cookbook You will also find tips for food decoration as well as a food menu that makes your day to day meal planning a breeze. This book contains everything I have learned about foods in the last twenty years; the good thing is that you can learn all of that in just one month or less. The Ultimate Nigerian Cookbook is made by the Nigerian Kitchen - best place in the world for making delicious Nigerian foods. My name is Chy Anegbu and I am a professional chef and a very popular Nigerian food blogger. I have written thousands of articles about Nigerian food recipes and reach out to thousands of people daily through my free weekly newsletters, facebook and two websites. The first five pages completely addressed the issue of healthy Nigerian foods, you will learn how to eliminate junk from your foods in order to ultimately improve your health and ensure longevity. Most importantly, you will learn what is junk.

North American Railroads: The Illustrated Encyclopedia, Common Edible Mushrooms: Including the Fool Proof Four, Occupational Outlook Handbook 1998-99 (Serial), The Best Ever Guide to Getting Out of Debt for Surveyors, Mary Marston, Volume III, The Newcomes: Memoirs Of A Most Respectable Family (French Edition), Hormone Therapy in Breast and Prostate Cancer (Cancer Drug Discovery and Development),

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